

# **TBASC NEWSLETTER – OCTOBER 2020**

## Dates for your diary

AGM – Sunday 22<sup>nd</sup> November @ 7pm via Zoom

Kit Orders – Last date for orders 1<sup>st</sup> November (last chance before Xmas)

### **New Club Name**

Our club has been renamed! We will now be known as Team Bath Artistic Swimming Club (TBASC).

### **Virtual Raffle**

We hope to hold a virtual raffle before Xmas and will be requesting prizes soon – watch this space!

### **New Faces**

During 2020 we have welcomed a number of new members:

**Amelia,  
Geovanna,  
Grace, Victoria,  
Charlotte &  
Bella**

I'm sure you'll agree that they're a great addition to the club!

### **Battle of Lansdown**

A group of TBASC swimmers and parents recently took part in the Battle of Lansdown, raising around £300 for the club. Well done to all involved!



In order to maintain our fundraising efforts as best we can during this difficult time, we would like to remind you that TBASC is registered with easyfundraising and you can raise FREE donations for us with all your online shopping when you sign up to support us. With more people shopping online than ever before, it really is an easy way to help TBASC continue to raise funds! Sign up today: <https://www.easyfundraising.org.uk/cause/s/teambathsynchroclub>

## **Covid Reminders**

We wish to extend a HUGE thanks to everyone for their patience and understanding recently when the training sessions have changed with little notice. Overall we have been really pleased with the behaviour of the swimmers and the way they have adapted to the new guidelines. There are just a few areas where we need to be a little more vigilant – especially given the increasing number of confirmed cases at the University:

- Wear masks inside STV (U12s exempt) and sanitise hands regularly using the gel provided
- Ensure social distance is observed – particularly on staircase as there can be bottlenecks here
- Ensure the Covid Rep has marked you as present on the register
- Shower at home if possible. If it is necessary to shower at STV then be as quick as possible and maintain social distancing



### **Land Grade Success!**

During the Lockdown period many of our swimmers worked towards their Land Grade 1 Award.

Those that attended the Summer Camp were assessed on the various elements and a large number of them passed – including several gold and silver awards. Congratulations to all!

Belle McKen (pictured left) was one of those who achieved Gold.

Swimmers will work towards further land grades in the land training sessions.

### **Summer Camp**

Given the ongoing situation we were thrilled to be able to put on a mini-training camp this year. Due to the pandemic, the camp was scaled back compared to previous years but was thoroughly enjoyed by all who attended.

Many thanks to Georgie, Nikki, Steve and Beccy who gave up their time to coach during the camp.

Here are some photos taken during camp



### **Our 2020 journey**

Our return following the period of lockdown has involved taking several small steps towards the end goal of a full return to training.

In May the U12, U15 and 13-18 Squads joined together to do Land training sessions via Zoom.

In July the same squads met in person for socially distanced land training at Kingswood school.

In August the whole club made a joyful return to the pool followed by a return to land training in October.

